

Shelly's Luncheon Menu

Soups

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| French Onion Soup w/ Garlic Croutons & Mozzarella | 6 |
| Cream of Potato Soup | 6 |
| Wild Mushroom Barley Soup | 4 |
| Hearty Vegetable Soup | 4 |
| Soup Du Jour | 4 |
| Chili Soup w/ Tortilla & Cheese | 5 |

Breakfast At Lunch

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| 3 Egg Omelette w/1 Filling Served w/ Toast & Oven Fried Potatoes | 7 |
| Omelette Fillings: Mushrooms, Onions, Tomatoes, Peppers, Swiss, American, Mozzarella, Spinach, Sun-Dried Tomatoes, Ricotta Cheese, Broccoli, Chili, Egg Whites Add \$1 Each | |
| L-E-O Sliced Lox & Onions | 9 |
| Spanish Peppers & Onions w/ Spicy Tomatoes | 9 |
| Mexican Chili & Cheddar Cheese Topped w/ Pico Di Gallo | 9 |
| 3 Cheese Cheddar, Mozzarella, & American | 9 |
| Frittata Onions, Peppers, & Mushrooms <i>(Please Allow 15 Minutes)</i> | 9 |
| French Toast Challah French Toast w/ Cinnamon Butter Fresh Berries & Whipped Cream | 7 |
| Belgian Waffle Freshly Made Jumbo Waffle Topped w/ Spiced Apples & Whipped Cream | 7 |

Lighter "Side" Salads

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| All American Salad Romaine, Tomatoes, Cucumbers, Red Onions Peppers, Radish, Mushrooms, & Carrots | 7 |
| Greek Salad Romaine Lettuce, Cucumbers, Tomatoes, Red Onions, Feta Cheese, Black Olives w/ Lemon Parsley Vinaigrette | 7 |
| Caesar Salad Crispy Romaine Lettuce, Anchovy Dressing, & Focaccia Croutons | 7 |
| European Classic Salad Mesclun Greens, Dried Cranberries, Plum Tomatoes, & Spiced Walnuts | 7 |
| Spinach Salad Baby Spinach w/Sliced Mushrooms, Red Onions, & Sliced Egg | 7 |

Choice of Dressing

Lemon Parsley (Greek), Caesar, Cranberry Vinaigrette,
Honey Mustard, Balsamic, Creamy Italian, Shallot Vinaigrette,
Russian, Black Pepper Parmesan, Light Vinaigrette

Bowl of Soup w/ Lunch Add \$3

a 17% Service Charge will be added to parties of 10 or more

www.ShellysCafe.net

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Sandwiches From The Grill

(All Sandwiches Served w/ Potato Salad Or Coleslaw)

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| Veggie Cheese Burger On A Kaiser Roll w/ Lettuce, Tomato, & Onion | 7 |
| Grilled Cheese Lots Of American Cheese Layered Between Extra Thick Texas Toast | 7 |
| Tuna Melt On Toasted Rye w/ Swiss Cheese & Sliced Tomato | 8 |
| Grilled Portabella Wrap Sliced Grilled Portabella Mushrooms, Roasted Peppers, & Mozzarella w/ Pesto In A Sun-Dried Tomato Wrap | 9 |
| Eggplant Parmesan Crispy Eggplant w/Marinara & Mozzarella On A Club Roll | 9 |
| Fried Fish Filet Ocean Fresh Whitefish Breaded & Fried On A Kaiser Roll w/ Lettuce, Tomato, & Tartar Sauce | 9 |
| Portabella Mushroom Burger w/Grilled Peppers & Melted Swiss Cheese On Kaiser Roll | 9 |
| Grilled Tuna Hero Grilled Tuna On A Toasted Club Roll w/ Black Olive Tapenade & Mixed Greens | 11 |
| Cajun Salmon Wrap Spicy Salmon Wrapped In A Flour Tortilla w/ Shredded Lettuce, Tomato, & Onion w/ Citrus Mayo | 11 |

Sandwiches From The Chopping Block

Available On Rye, White, 7 Grain, Focaccia, Bagel, Kaiser Roll, Club Bread, Or Wrap

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| Grilled Vegetable Italiano Eggplant, Roasted Peppers, Fennel, Bermuda Onion Yellow & Green Squash On Focaccia w/ Mixed Greens & Pesto Aioli | 8 |
| Homemade Whitefish Bagoli Tender Whitefish w/ Shallots & Dill On An Oven Fresh Bagel w/ Lettuce & Tomato | 8 |
| California Wrap Sprouts, Avocado, Tomato, Red Onion, Romaine & Fresh Mozzarella w/ Pesto | 8 |
| Tuna Croissant Tuna Salad w/ Sprouts & Tomato In A Flaky Croissant | 8 |
| Tuna Caesar Wrap Tuna Salad & Tossed Caesar In Sun-Dried Tomato Wrap | 8 |
| Deviled Egg Wrap Dijon Spiced Egg Salad In a Whole Wheat Wrap w/ Lettuce, Tomato, & Sprouts | 7 |
| Greek Salad Wrap Feta Cheese, Lettuce, Tomato, Cucumber, Red Onion & Olives In Whole Wheat Wrap | 7 |
| Bagel & Lox Bagoli Sliced Nova w/ Cream Cheese On A Bagel w/ Lettuce, Tomato, Onion, & Cucumber | 9 |

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Salad Entrees

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| Fruit & Cheese Salad Low Fat Cottage Or Farmer Cheese Surrounded By Sliced Melons & Berries w/ A Sprig Of Mint | 7 |
| Mozzarella & Beefsteak Tomato Tower Tomato, Basil, & Mixed Greens Pesto Oil & Balsamic Glaze | 7 |
| Falafel Served In Pita w/ Israeli Salad, Humus, & Techina | 9 |
| Grilled Tuna Or Salmon Caesar Salad Grilled To Order, Your Choice Of Fish Served On A Bed Of Romaine Lettuce & Focaccia Croutons | 11 |
| Grilled Tuna Or Salmon Greek Salad Grilled To Order, Your Choice Of Fish Served On A Bed Of Romaine w/Onions, Tomatoes, Cucumbers, Olives, & Feta Cheese | 11 |
| Fire & Ice Spinach Salad Sweet Dried Cranberries, Plum Tomatoes, Red Onions, & Spiced Walnuts Tossed w/ Baby Spinach Cranberry Vinaigrette | 11 |
| Cajun Salmon Salad Blackened Salmon Filet Served On A Bed Of Mixed Greens In A Fried Tortilla Basket w/ Guacamole & Salsa | 11 |

Pizza

Gourmet Individual Pizza Made To Order
Choose From Our Most Popular Or Create Your Own

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| Classic Plain Pizza Fresh Homemade Tomato Sauce & Mozzarella Cheese | 7 |
| Rustic Pizza Fresh Plum Tomato, Basil, Ricotta, Mozzarella, & Sauce | 9 |
| BBQ Pizza Homemade BBQ Sauce, Caramelized Onions, & Mozzarella Cheese | 9 |
| White Florentine Garlic Oil, Ricotta, Parmesan, & Mozzarella w/ Baby Spinach | 9 |
| Cheeseless Vegetable Pie Broccoli, Mushrooms, Peppers, Onions, Baby Spinach, & Zucchini | 9 |
| Grilled Pizza Parmesan w/ Eggplant, Grilled Onion, Fresh Tomato, & Mozzarella Cheese | 9 |
| Additional Toppings Tomato, Peppers, Onions, Mushrooms, Broccoli Olives, Spinach, Anchovy, Garlic, Sun-Dried Tomatoes Mozzarella Cheese, Ricotta Cheese | Add \$1 Each |

Sides

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| Garlic Bread | 3 |
| Baked Potato | 3 |
| French Fries | 4 |
| Mozzarella Sticks | 6 |
| Cheesy Fries | 6 |
| Sweet Potato Fries | 5 |
| Stuffed Baked Potato | 5 |
| Nachos Supreme | 7 |

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Pasta

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| Penne Ala Vodka Tomato Cream Pink Sauce | 9 |
| Three Mushroom Fusilli Portabella, Shiitake, Crimini Mushrooms, & Baby Spinach In A Garlic Wine Cream Sauce | 9 |
| Fettuccini Alfredo Creamy Sauce Of Butter, Parmesan Cheese, & Heavy Cream | 9 |
| Fettuccini Carbonara Alfredo Sauce w/ Sautéed Onions & Peas | 9 |
| Linguini Rustica Spinach, Roasted Peppers, & Mushrooms In A Garlic Wine Broth | 8 |
| Fusilli Primavera Shitake Mushrooms, Zucchini, Yellow Squash, Roasted Peppers Peas, Onions, & Parmesan Cheese In A Light Garlic Broth | 8 |
| Salmon Provencal Capellini & Salmon Sautéed w/Tomatoes, Broccoli, Shallots, & Garlic Roasted Tomato Sauce | 11 |
| Rigatoni Miramonte Sundried Tomatoes, Mushrooms, Garlic, & Heavy Cream | 9 |
| Penne Contonno Fresh Ahi Tuna Sautéed w/Onions & Tomatoes Scampi Sauce | 11 |
| Linguini Con Salmon Smoked Salmon, Fennel, Shallots, Capers, & Dill Light Cream Sauce | 11 |

Entrees

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| Quiche Choose Lox & Onions Or Spinach & Mushrooms In Our Home Made Casserole w/ Vegetable Du Jour | 9 |
| Grilled Portabella Napoleon Layers Of Grilled Portabella Mushrooms w/Eggplant, Zucchini Yellow Squash, Fennel, & Roasted Peppers Balsamic Reduction | 9 |
| Eggplant Parmesan Crispy Eggplant Smothered w/Marinara Sauce & Mozzarella Served Over Linguini | 9 |
| Baked Ziti Penne Pasta Baked w/ Marinara Sauce, Ricotta, Parmesan, & Mozzarella | 9 |
| Lasagna Layered w/ Ricotta Cheese, Mozzarella, & Fresh Marinara | 9 |
| Fish & Chips Breaded Flounder Filet w/ House Cut Fries & Tartar Sauce | 9 |
| Fried Potato Pirogen w/Caramelized Onion & Sour Cream | 9 |
| Cheese Blintz Served w/ Sour Cream, Apple Sauce, & Berries | 9 |
| BBQ Salmon Filet Glazed Salmon Filet w/ Store Made BBQ Sauce Vegetable Du Jour | 13 |
| Ahi Tuna Pepper Crusted Tuna On A Bed Of Sautéed Portabella Mushrooms & Spinach w/ Caramelized Nori Sauce | 13 |
| Lemon Pepper Salmon Pan Seared Salmon Set On Ratatouille w/ Orange Reduction | 13 |

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